

Parks, Recreation & Cultural Services

PR&CS Administration, 1401 Recreation Way, Colorado Springs, CO 80905



Agenda

Westside Community Center Working Committee

Thursday, April 20, 2023

2:00 p.m.

Westside Comm. Center, 1628 W. Bijou

How to call in to the meeting for citizens:

Please dial +1 (720) 617-3426 Conference ID: 953 979 574#

How to comment:

- *For Citizen Discussion concerning items that are not on the agenda please email your comments to WCCWorkingCommittee@coloradosprings.gov in advance of the meeting.*
- *For Agenda Items - Before the meeting, those who wish to comment should submit their name, telephone number, and the topic or agenda item for comment to WCCWorkingCommittee@coloradosprings.gov. If you are a participant in Microsoft TEAMS please use the chat function to indicate you would like to comment. If you have joined the meeting via conference call, please listen for your opportunity to comment. You will be called upon to comment using the last four digits of your telephone number. Please limit your comment to three minutes.*

Announcements

Staff and Committee

Citizen Comment/Discussion

Citizens

Approval of Minutes

Working Committee Meeting Minutes – March 30, 2023

Committee

Committee Business

Working Committee Meet and Greet – Tuesday, May 16, 2023 5-7pm (WCC)

Committee

Staff Updates

Westside Community Center Facility Operations – Schedule and feedback process,
Community Garden, Donations, Center Docents and Volunteers,
Westside Community Center Facility Enhancement Updates

Staff

Action Items

Review of postponed proposals

- Springs Community Acupuncture – Hannah Beachy
- CONO – Sara Vaas
- Ninja Academy and Supply – James Rodzen

Staff and Committee

- Funky Little Theater Company – Chris Medina

Review of submitted *Proposals for Leased Property Proposal* Staff and Committee

- AAHGSCS – Candace McKnight
- Safe Place for Pets – Nina Woodard
- New Vision Professional Services – Rebecca Shields

Review of submitted *Proposals for both Leased Property and Programs and Services* Staff and Committee

- YMCA Senior Center Programming – Sara Tucker

Review of submitted *Proposals for Program/Services* Staff and Committee

- YMCA Summer Camp – Melanie Zunyga
- Laurie Holmes/Life and Clarity Coach – Laurie Holmes

Presentation Items Staff

Adjournment Committee



Westside Community Center Campus, 1628 West Bijou Leased Property Proposal

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: Springs Community Acupuncture, Inc.

Contact Name: Hannah Beachy

Contact Email: hannah@springscommunityacupuncture.com

Contact Phone: 970-946-9732

Organization website: www.springscommunityacupuncture.com

Current operating address: 2828 W Colorado Avenue, Colorado Springs, CO, 80904

Industry or Sector: community healthcare

Organization Information *(please attach additional pages as needed)*

Please describe your organization, including mission and vision.

We are a 510(c)(3) non-profit, sliding-scale, community acupuncture clinic. Our mission is to provide effective and affordable acupuncture to the residents of Southern Colorado, and to educate the public on the use of acupuncture and its related healing modalities as accessible healthcare options. We seek to improve the quality of life in our community by providing relief from pain, discomfort, stress, and the isolation and financial burden that can accompany acute and chronic illness.

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

We are westside owned and operated since 2011. In those 12 years, we have grown deep roots in our community by providing access to affordable healthcare in a comfortable environment that supports community connection and healing together. The open setting makes it easy for patients to bring in friends and family members, and we often treat multiple generations. Community acupuncture is a great fit on the westside, where there is a strong interest in alternative medicine and community connections.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

As a well-established business on the westside, we are a strong anchor business for the community center. We have partnered with other local non-profits over the years to increase awareness of services in our area, and are excited to continue with outreach from the community center. We hope to collaborate with other businesses at the WCC as well. Many of our patients live near the community center and will enjoy being able to walk and bike to acupuncture. With our high-volume practice, we would bring a lot of foot traffic into the WCC.

Please describe how you intend to make your business successful at the Westside Center Campus.

We look forward to renting a larger space than our current location, which would give us room to give more treatments and offer more services to the community. Our business is already thriving and we hope that would be nourished by the friendly community setting at the WCC.



Number of years in business: 12

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

Community Acupuncture (acupuncture in an open setting, with a combination of recliners and tables available for treatments.) We also offer Chinese herbs and supplements. We may occasionally offer classes on nutrition, diet and qi gong exercises.

Number of staff expected to be housed on site at the Westside Community Center

Campus:

4

Anticipated foot traffic:

30

Anticipated daily/weekly operating/usage hours:

6-10 hours per day, 6-7 days per week.



Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to lease property on the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss a lease agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:

Hannah Beachy

8214A510432041

Signature of proposer

3/4/2023

Today's Date



March 4th, 2023

Dear Felicia Barnhart and the Committee for the Westside Community Center,

Thank you for considering our application to become tenants at the Westside Community Center. I have lived on the Westside since moving to Colorado Springs in 2011 and have a great appreciation for the WCC. I lived on 16th and Kiowa for a few years and have always enjoyed going to events there, the community gardens and taking small family members to play on the playground. The WCC is a tremendous resource to our community. I would love to join forces with you and find a home for our community acupuncture clinic there.

A brief history of our clinic may be helpful. We opened 12 years ago, in Old Colorado City, with a social business model (providing affordable services and living-wage jobs for acupuncturists). For years we treated 6 to 7 patients per hour on a \$15-\$35 sliding scale. In 2018, we officially became a non-profit, adding a wonderful board of directors to our team of 3 acupuncturists, 2 receptionists, and a dozen volunteers. We were bursting at the seams in our current location, giving over 9,000 treatments per year. When Covid hit in 2020, everything changed. We re-opened with masking and reduced capacity to allow for social distancing. We now have 2 full-time acupuncturists who treat 4 to 5 patients per hour, at \$30-\$50 per treatment. As the pandemic recedes, we're ready to grow and excited to have a bigger space.

You'll read a little more about our community acupuncture clinic in the application, but I wanted to add a few more details that didn't quite fit there. We treat a wide range of patients (most ages, all genders, from all different income levels and backgrounds), most of whom have never had acupuncture before. We focus on inclusivity and diversity; teaming up with other non-profits to support LGBTQ+ folks, as well as black and brown people in our community. Of course, we also treat people of varying physical abilities. To that end, we need a handicapped accessible space for patients, with a bathroom inside or very close by. This limits our options at the WCC, but I hope we will find something that works, and look forward to seeing the spaces available.

Springs Community Acupuncture
2828 W. Colorado Avenue, Colorado Springs, CO 80904
(719)464-5211 www.springscommunityacupuncture.com



Our mission and values, supporting wellness and building community through affordable healthcare, seem to align strongly with your goals at the WCC. We are a well-established business and the only community acupuncture clinic in our area. I hope to bring financial stability as a tenant, as well as increased awareness of the WCC, as we draw in patients from far and wide, and partner with other non-profits and health-related organizations in the area.

Please feel free to reach out to me anytime with questions.

Sincerely,

Hannah Beachy

Hannah Beachy, Acupuncturist and Director



CITY OF COLORADO SPRINGS
DEPARTMENT OF PARKS, RECREATION AND CULTURALS SERVICES



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: CONO
 Contact Name: Sara Vaas
 Contact Email: sara@csono.org
 Contact Phone: 719-471-3105
 Organization website: csono.org
 Current operating address: 702 E Boulder St. Colorado Springs, CO 80903
 Industry or Sector: Nonprofit

Organization Information *(please attach additional pages as needed)*

Please describe your organization, including mission and vision.

Mission- Strengthening neighborhoods through education, engagement and trust-building.

CONO has been working with neighborhoods since 1976 and is a 501c3 nonprofit since 2015. CONO offers educational programs like Neighborhood U to equip neighbors with the tools and relationships to solve problems. CONO also values relationships and connections and utilizes programs such as block parties and clean ups to encourage that.

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

While CONO works with all neighborhoods in El Paso County, the westside community center is a unique community space in which there is an opportunity to integrate more to help bring neighbors in. The other community centers in the city have robust community involvement and neighborhood programming. We'd like to help bring more neighbors into this center and offer programming to neighbors here.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

CONO will bring resources like barricades for rentals, education programming and visibility to the other services offered at the center. CONO has a robust database of emails and contacts, along with our relationships within the westside and OWN and OCCP to help highlight the great work of the center and other activities going on.

Please describe how you intend to make your business successful at the Westside Center Campus.

CONO plans to provide programming to anyone who signs up with a minimal fee. CONO has funding from other revenue sources and we intend to make our services accessible to everyone. We have sponsors to assist in ensuring our programs are free or minimal cost.



CITY OF COLORADO SPRINGS
DEPARTMENT OF PARKS, RECREATION AND CULTURALS SERVICES

Number of years in business: _____ established 1976, 501c3 since 2015

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

Classroom

Number of staff expected to be housed on site at the Westside Community Center

Campus: 0-1, used for programming and pop up events

Anticipated foot traffic:

30-60 people

Anticipated daily/weekly operating/usage hours:

Monday- Friday 8-5 hours, some evening meetings til 8pm

Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to lease property on the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss a lease agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

Sara Vaas

DocuSigned by:
Sara Vaas
B18F91F68F4A4F4...

3/8/2023

Signature of proposer

Today's Date



Westside Community Center Campus
Contract Program or Service Provider Proposal

RECEIVED
BY NCM / DATE 3.8.23

12:12 pm

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization or Provider Name: NINJA @ Academy + Supply
Contact Name: JAMES RODZEN
Contact Email: jamesrodzen@gmail.com
Contact Phone: (719) 649-7568
Type of Organization: Individual For Profit Non-Profit Other: _____

What type of program or service are you proposing?
 Program (Defined as an ongoing, multi-session offering that builds on skills or learning from session to session, typically lead by an individual or instructor)
 Service (Defined as an offering providing a community good, either for no or nominal cost, to enhance community understanding of a particular topic or be a resource or service for the community)
 Other: _____

Organization and Proposed Program Information
(please attach additional pages as needed)

Please describe your proposed contract program or service. Include the title, description, populations served, anticipated attendance per class and general participant fees (if applicable). Please also include how this program or service is of value to the Westside Community, list goals and objectives of the program or service, and describe how you intend to make this program successful.

Provide martial arts training. The goal is to help persons of all ages to develop discipline. Through training kids and teens are encouraged to stay off drugs and handle conflict in productive ways.

(proposal form continues on next page)






Optional: You may submit a cover letter further expressing your interest in offering this contract program or service at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to offer contract programs and services at the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss an agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***



Signature of proposer



Today's Date



TAX LICENSE

This license is issued under the provisions of Articles 7, 9, 10, and 11, Chapter 2, of the Code of the City of Colorado Springs, as amended, to the named retailer for the purpose of collecting and remitting sales, use, lodgers, automobile rental, motion picture theater, or bicycle excise taxes for the City of Colorado Springs.

License Number: 00064976

Nature of Business: SPORTING
GOODS

RONDZEN, JAMES
NINJA ACADEMY & SUPPLIES
2515 HANCOCK EXPY APT 122
COLORADO SPRINGS, CO 80910-1158

Valid From: 03/17/2021 to 12/31/2023

This license does not exempt the licensee from the payment of sales tax for purchase of tangible personal property where licensee is the final consumer.

LICENSE MUST BE PUBLICLY DISPLAYED AT THE ABOVE LOCATION

- A Sales Tax License is required for any person engaged in the business of selling tangible personal property or taxable services at "retail" in the City of Colorado Springs. A retailer uses this license to collect and remit City Sales Tax, Lodgers Tax, Automobile Rental Tax, Use Tax, Motion Picture Theater Taxes and/or Bicycle Excise Tax and to purchase items placed in inventory.
- All active retail sales tax licenses are subject to renewal no later than december 31st of every odd numbered year. A renewal application and non-refundable renewal fee of \$20.00 will be required. This license will automatically expire under these circumstances:
 - If your business changes from a sole proprietor or general partnership to an organized business, this license is no longer valid. A new application and license fee is required. You will receive a new license/account number.
 - If you reorganize your business and your Federal Identification Number (FEIN#/EIN#) changes, this license is no longer valid. A new application and license fee is required. you will receive a new license/account number.
 - Licenses are nontransferable. If you sell your business to a new owner, the new owner is required to submit an application and pay the required license fee. They will receive a new license/account number.
- This Retail Sales Tax License must be publicly displayed at this location. If you are a mobile business, please keep your license with you. If you run your business from home, the license should also be maintained.
- If there are any changes needed for this business please visit your business center online at coloradosprings.munirevs.com and review the account name or address change section for the applicable updates.
- A Retail Sales Tax License is required for each location at which business is transacted.
- Questions? Telephone 719/385-5903 or email salestax@coloradosprings.gov

OFFICE OF THE SECRETARY OF STATE
OF THE STATE OF COLORADO

CERTIFICATE OF FACT OF TRADE NAME

I, Jena Griswold, as the Secretary of State of the State of Colorado, hereby certify that, according to the records of this office, a Statement of Trade Name for:

Ninja Academy & Supplies

(Entity ID # 20211224039)

was filed in this office on 03/03/2021 with an effective date of 03/03/2021 .

This certificate reflects facts established or disclosed by documents delivered to this office on paper through 09/30/2021 that have been posted, and by documents delivered to this office electronically through 10/04/2021 @ 10:07:50 .

I have affixed hereto the Great Seal of the State of Colorado and duly generated, executed, and issued this official certificate at Denver, Colorado on 10/04/2021 @ 10:07:50 in accordance with applicable law. This certificate is assigned Confirmation Number 13483627 .



Jena Griswold

Secretary of State of the State of Colorado

*****End of Certificate*****
Notice: A certificate issued electronically from the Colorado Secretary of State's Web site is fully and immediately valid and effective. However, as an option, the issuance and validity of a certificate obtained electronically may be established by visiting the Validate a Certificate page of the Secretary of State's Web site, <http://www.sos.state.co.us/biz/CertificateSearchCriteria.do> entering the certificate's confirmation number displayed on the certificate, and following the instructions displayed. Confirming the issuance of a certificate is merely optional and is not necessary to the valid and effective issuance of a certificate. For more information, visit our Web site, <http://www.sos.state.co.us/> click "Businesses, trademarks, trade names" and select "Frequently Asked Questions."



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: Funky Little Theater Company
Contact Name: Chris Medina
Contact Email: chris@funkylittletheater.org
Contact Phone: 310.909.3694
Organization website: WWW.FUNKYLITTLETHEATER.ORG
Current operating address: 1628 W. Bijou St
Industry or Sector: nonprofit / performing arts

Organization Information (please attach additional pages as needed)

Please describe your organization, including mission and vision.

Funky believes that theatre is for everyone. We want to offer opportunities for patrons of WCC and the surrounding neighbors to enjoy quality theatre productions, classes, workshops or other special event. Funky has been known to create theatre in non traditional spaces and the challenge right now is exactly that.

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

We would love to continue using B1 as our main rehearsal/storage space if possible we could vacate B2 to be able to use B3. Which gives us a little more space for rehearsal/storage. The big undertaking would be letting Funky take on M0, M7A, M7B to be able to create a little black box performance space for ourselves and potentially outside groups.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

Funky has always been off the beaten path as far as locations go, We have a loyal following, as well as new patrons all the time. In the last few years when we performed in Hughes Hall, many of our people/patrons were not with the location and wanted to know more. We were also one of the few activities happening in the evening. We love sharing the word about WCC with everyone. We hope that our success will ensure success for WCC.

Please describe how you intend to make your business successful at the Westside Center Campus.

We want to increase traffic to our campus, letting the neighborhood know we are back and want to get to know more about everyone. Creating programming that will appeal to the surrounding areas as potential talent and audiences alike. We want people to want to come see shows but also feel like we are accessible if they wanted to and.

Perhaps one show a year we can go back to Hughes, so everyone can access our offering at that time.



Number of years in business: 10

Anticipated Use of Leased Space (please use additional pages as needed)

Description of anticipated operational use of leased space:

Use B1+B3 as rehearsal/storage spaces.
would love to transform M0, M7A, M7B into a professional facing,
intimate theatre performance space.

Number of staff expected to be housed on site at the Westside Community Center
Campus: ?

Anticipated foot traffic: Potentially 40-50 a performance, which could
be hundreds by the end of the run.


Anticipated daily/weekly operating/usage hours:

Show programming will be set in advance.
Rehearsals/practices would be most recurring, regular activity.

Optional: You may submit a cover letter expressing your interest in leasing space at the
Westside Community Center Campus.

Statement of Understanding

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Signature of proposer

3/20/23
Today's Date

1620 West Bijou—Middle Building, basement



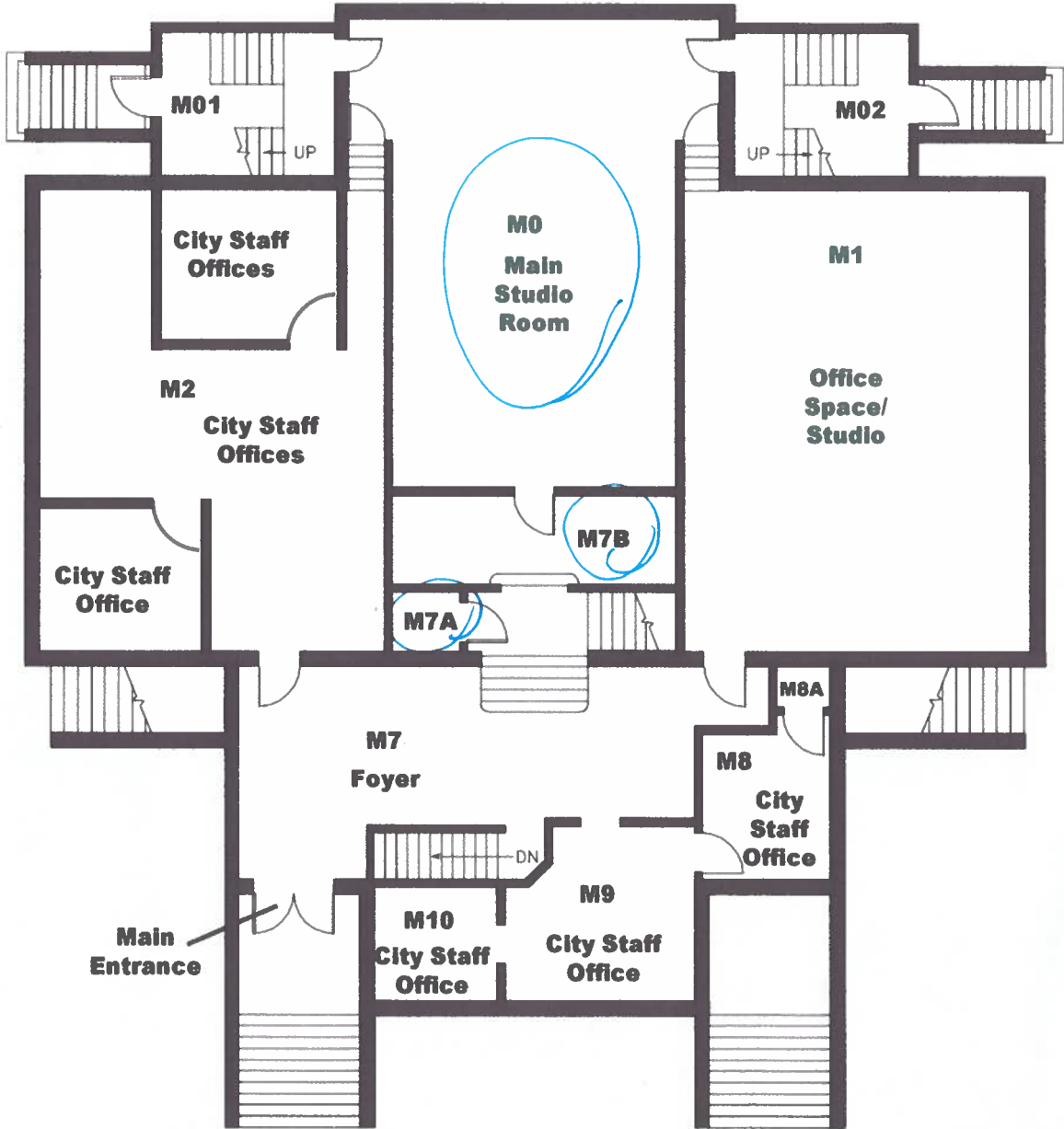
Potential leasable space includes:

- B1 Office Space/Studio
- B2 Storage
- B3 Office
- B4 Office

Please note that not all spaces will be available for rent. Please contact the Westside Community Center to inquire about availability.



1620 West Bijou—Middle Building, main floors



Potential leasable space includes:

- M0 Main Studio Room
- M1 Office Space/Studio

Please note that leased space availability will change. Please contact the Westside Community Center to inquire about availability.

FUNKY LITTLE THEATER COMPANY

1628 W BIJOU STREET, 80904 | 310.909.3694 | CHRIS@FUNKYLITTLETHEATER.ORG

CITY OF COLORADO SPRINGS | DEPARTMENT OF PARKS, RECREATION AND CULTURAL SERVICES

1401 RECREATION WAY

COLORADO SPRINGS, CO 80904

Received
3/21/23
10:00am

20 MARCH 2023

Dear Working Committee and Parks and Rec,

Part of the Westside Community Center Campus' mission is "to provide inclusive community enrichment through arts, culture and music." This is the opportunity for Funky to shine and help bring the WCC into the next chapter of its legacy.

I've been very passionate about Funky Little Theater Company and I hope to invest and translate that passion into the future of the Westside Community Center, the Westside and Colorado Springs. Funky's vast resume will help create a unique theatre going opportunity for people from our community and beyond.

My proposal is instead of everyone battling to use time in Hughes Hall, I figured I could create space somewhere else on campus. Really, I just want a place that is ours and we aren't feeling like we're imposing ourselves on others' activities. I want to build a set and rehearse and make art for others in a designated space. Creating a small black box performance space in the middle building will take some work, but I think it will be unlike anything else in our community. Handicap accessibility isn't available in the middle building but perhaps Funky could program at least one show in a season to take place in Hughes Hall, a place that everyone can go. I think since we are a ticketed experience we will be able to inform patrons of the limited accessibilities. If we could turn M0 into a performance space, I would love to transform M7B into a box office area and perhaps use M7A as additional storage space.

Really, I want to bring people together to experience something special. If we have the opportunity to bring people to the WCC, we could show them how many amazing things are happening right here on the Westside. I want Funky to have a home on the Westside because it feels like home. We want to help the WCC become the best version of itself as possible. The WCC is the closest thing to a home we have had in a while. When we lost our space during the pandemic, we found refuge here and we want to see it through. We never got to see the WCC in its prime but hopefully now we will.

Thank you for your time and consideration,

Chris Medina, Funky Artistic Director





RECEIVED
BY NCM / DATE 5.22.23
2:45 pm



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: AHGS
Contact Name: Candice K. McVright
Contact Email: aahgs@aol.com
Contact Phone: 719-217-2647
Organization website: aahgs.net
Current operating address: 1630 W. Bijou
Industry or Sector: Historical & Genealogical organization

Organization Information (please attach additional pages as needed)
Please describe your organization, including mission and vision.

See AHGS
Brochure

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

CH - Black history
genealogy workshops - open to public
~~Cultural~~ Cultural events

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

We bring diversity to the neighborhood
& community

Please describe how you intend to make your business successful at the Westside Center Campus.

We have been here 13.5
years we have out grown our space
We need more space to display
additional items of history CH

Black
History



Number of years in business: 21 Sept 1981 - 42 years

Anticipated Use of Leased Space (please use additional pages as needed)

Description of anticipated operational use of leased space: we will be able to display more items + history C/S

Number of staff expected to be housed on site at the Westside Community Center

Campus: (5) Board of directors @ this time

Anticipated foot traffic: ~~10-15~~ ~~20-30~~ occasional volunteers

3 ~~2~~ Depending on we have going

Anticipated daily/weekly operating/usage hours:

T, W, Th 10A-4p M, F appointment only

Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

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Candice J. McKnight
Signature of proposer

23 March 2023
Today's Date

We are requesting month + month lease, ~~we~~ with additional space we have out grown + are sincere + serious - we are committed about what we do!



"Mbuju" – The Baobab Tree

THE TREE OF LIFE

Our Newsletter

The African-American Historical and Genealogical Society of Colorado Springs newsletter, The Tree of Life, is published quarterly and mailed to all paid members of the Society.

The newsletter contains information about special genealogical events, research tips, and news of general historical and genealogical information that focuses on African-Americans. The newsletter also contains information about members of the Society and community events.

Committees

- Board of Directors
- Benevolence ~ Consultants
- Finance ~ Honorary
- Newsletter ~ Public Relations
- Research ~ Web Page
- Youth

Membership

RATES:

- Students (no age limit) - \$25.00 annually
- Seniors (65 and over) - \$25.00 annually
- Individuals - \$30.00 annually
- Couples - \$40.00 annually
- Seniors age 80 and over – no charge

Organizational Rates for Newsletter:

- 1 to 50: \$40.00 per year
- 51 to 125: \$50.00 per year
- 126 to 500: \$60.00 per year

Please make checks payable to "AAHGSSCS".

Donations are tax deductible – we are a 501c3 organization.

For a membership application, or to request newsletters, simply give us a call or send an email (see front of this brochure). We will forward one to you immediately. Also, an application is always included in our Newsletter.

We encourage you to join this worthwhile and educational effort. Also, tell friends and family members!

Our History

In September 1981, the Negro Historical Association of Colorado Springs (NHACS) was founded. Its first anniversary celebration was held in February 1982. The co-founders were Charlotte Banks Collins, John McDonald, Erna May Marshall McDonald, Lonnie Seymour Sr., Vivian Seymour, Lucius Washington, Brenette Wheeler Washington, Genolda Vaughan Jones, Leonard Pollard and Lu Lu Stroud Pollard, Samuel Hunter, Jr., Minnie Ray Lane Hunter, Shirlee McFarland Darden, Andrew Darden, Eula Banks Andrews.

In 1997, Candice McKnight was invited to a family reunion and it sparked her interest in genealogy. Her first mentor was Will DeBoer, Sexton of Evergreen Cemetery. He directed her to the right places and people to see. On November 20, 1999, Candice met with five of the most knowledgeable genealogists, librarians and historians in Colorado. They were: Katie Brown Bennett, genealogist and author of five family history books, Mary Davis, librarian, historian and genealogist, Bonnie Yorganson, certified genealogist and director of the Latter Day Saints Library at The Family History Center, Betty Johnson, certified genealogist and John Palmer, author and genealogist.

These experts gave Candice a list of beginning genealogy classes specifically geared toward African-American genealogy to help get her started.

Candice sought out instructors to teach these classes from the Pikes Peak Genealogical Society, the Penrose Public Library, the Family History Center and volunteers from the community and all over the state. In 2000, Candice founded The African-American Genealogical Society of Colorado Springs (AAGSSCS). In 2003, when Lu Lu Stroud Pollard became ill she asked Candice to take over NHACS. Something stirred within Candice's heart and in spite of some objections, she promised Lu Lu that she could not let this history die.

In light of the fact that the NHACS and the AAGSSCS had many similarities, including many of the same members, it was decided that it would be best to bring both groups together. In 2005, NHACS and AAGSSCS created a new board and re-named the new organization the African-American Historical and Genealogical Society of Colorado Springs (AAGHSCS), incorporating the names of both groups. AAGHSCS has set up historical and genealogical booths for various events networking with countless organizations.

In addition to this, members have given presentations, workshops, receptions and have sent newsletters all over the U.S.



The African-American Historical &
Genealogical Society of Colorado Springs
P.O. Box 2345
Colorado Springs, CO 80901-2345

Our Ancestors are calling.
They want to be found.
There is a story to be told on
How things went down.



The African-American Historical &
Genealogical Society of Colorado Springs

(AAHGSCS)

P.O. Box 2345

Colorado Springs, CO 80901-2345

(719) 385-7920 Extension 132

332-9900
Email: aahgscs@aol.com

Tuesday, Wednesday, Thursday – 10 to 4
Monday and Friday by Appointment Only



Mission Statement

Our mission is to ensure that African-Americans are included as an integral part of the history of the Pikes Peak Region and our nation. Our goals are to instill a sense of pride in the youth and to expose the broader community to the culture and contributions of black people. Our objectives are to promote interest in African-American genealogy and to encourage the study of Black History, accumulate and preserve African-American genealogical materials, assist members with their research and to acquire and share African-American historical and genealogical information.

Historical and Genealogical Workshops

Meetings of the African-American Historical and Genealogical Society of Colorado Springs are held quarterly in October, January, March and May, on the third Saturday at 1:00 p.m. at The Family History Center at 150 Pine Ave. (at Broadmoor). No meetings are held in December, June, July or August unless a special event or a meeting of the committees is scheduled. For more information, please contact us. ALL ARE WELCOME!

Beginning History and Genealogy Classes

Beginning history and genealogy classes are held during the months of January and September. These Classes are open to the public and will include – but are not limited to – the following:

- ✓ Basic genealogy research standards
- ✓ Organizing and filing your research
- ✓ Conducting oral history interviews
- ✓ How to research vital records (birth, marriage divorce and death records)
- ✓ Finding your ancestors in census records
- ✓ Researching slave schedules
- ✓ Slave history
- ✓ Information about Freedom Bureau records
- ✓ Researching military records
- ✓ African-American genealogical research materials
- ✓ Using genealogy reference materials
- ✓ Using genealogy research forms
- ✓ Looking at home sources for genealogical information
- ✓ Antebellum records
- ✓ Researching land and property deeds
- ✓ Researching probate records
- ✓ Tour of the Penrose Library Special Collections Department
- ✓ Tour of the Family History Center



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: Safe Place for Pets

Contact Name: Nina E Woodard

Contact Email: boardchair@safeplacepets.org

Contact Phone: 7607171431

Organization website: www.safeplacepets.org

Current operating address: 1520 N. Hancock, Colorado Springs CO 80903

Industry or Sector: kenne1 for zoning purposes - Animal rescue

Organization Information *(please attach additional pages as needed)*

Please describe your organization, including mission and vision.

Safe Place for Pets is a 501(c)3 nonprofit in good standing. Founded 27 years ago by a group of hospice nurses, the charity helps people who are terminally ill by finding homes for beloved pets. We are 99% volunteer-run and each year our team places as many as 50 dogs and cats which helps a lot of families going through a difficult time and a lot of pets who may be leaving the only home they have ever known. We see to the dental and medical health of the pets and thoroughly check out potential adopters, eve

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

Safe Place already has donors, volunteers, and adopters in the westside community and will be warmly welcomed by them and also by seniors in the community who have awareness of our unique mission and services for people and pets. While Colorado Springs has many wonderful animal welfare organizations, each dog and cat in the care of Safe Place has such a compelling story that it brings special joy to people to adopt, serve as a volunteer, support the charity by attending events, etc. We have vol

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

Safe Place is an historic organization and enjoys a devoted following of volunteers and donors who receive our newsletter, attend our events, and support our food drives and other touchpoints. An open house celebration will bring current friends and donors to check out our new home and will also serve to introduce interested westside neighbors to the hope and healing that happens through the work of Safe Place each day.

Please describe how you intend to make your business successful at the Westside Center Campus.

We have a strategic plan in place to increase our donor base, write and win grants and conduct a social media and development effort which we will initiate as a "housewarming" event as we relocate. We have to move due to the revamp of the Senior Center so since we received notice of the need to move we have been putting in place strategic actions to support us in transition and on the road to building a sustainable



CITY OF COLORADO SPRINGS
DEPARTMENT OF PARKS, RECREATION AND CULTURALS SERVICES

Number of years in business: 27

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

For our home to be successful we need to have 2 enclosed cat kennel sections, one for the socialized cats and their kennels and one for those shy cats who may need more attention. We also need a space to quarantine animals who are in maybe ill and need isolation. The remainder of the space will be utilized as a reception for our welcome

Number of staff expected to be housed on site at the Westside Community Center

Campus:

5

Anticipated foot traffic:

5 to 7

Anticipated daily/weekly operating/usage hours:

Adoptions and surrenders are held by appointment only so our foot traffic is light other than our volunteers and the occasional mobile veterinarian. East Day we have

Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to lease property on the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss a lease agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:
Mina E Woodard
Signature of proposer

3/30/2023
Today's Date

For Westside Community Center Property Lease Proposal

My name is Nina Woodard. I am the Board Chair for the Colorado Springs nonprofit, Safe Place for Pets. (www.safeplacepets.org)

We are currently at home at 1520 North Hancock; however, this space is located on the City's property near the Senior Center and the City will be renovating the Center with construction launching in July. We have to move. We have been with the City for some time and so have launched a search.

We operate in a very unique space and partner with other animal nonprofits in Colorado Springs but our focus is on the people as well as the animals.

Our Mission

“Serving terminally ill people by finding forever homes for their beloved pets”

Our organization is unique in that animal welfare alone is not enough. It is animal welfare combined with compassion and a desire to ease the burden for terminally ill pet owners throughout our community that provides us with a sense of pride, dedicated volunteers, and adoption results that have made us proud.

Our mission allows us to establish a community where terminally ill people have the support for their pets' care and quality of life, even if they are unable to provide that care themselves. We are a volunteer-run organization, and we pride ourselves on our passion and commitment to our animals and our community.

We need 1200 Square feet for our operation. We are PACFA certified by Colorado as a shelter since we keep cats in shelter until they are declared healthy and then we get them adopted as quickly as we can. Our statistics are on Guide Star where we have achieved a Platinum rating (<https://www.guidestar.org/profile/84-1568356>).

Our most recent financial package is attached. We are 27 years old, primarily volunteer run and governed by a core team of people who believe in our mission and are dedicated to helping the terminally ill and their families who need our support for their beloved pets.

We are willing and able to look for a 5-year commitment. The City has been very kind and provide us a relocation and transition package that will assist us in this first year, though we are striving to make it financially on our own, with the help of our 1200 generous donors and friends. We are working to increase community awareness of who we are and what we do and working to increase our support base with grants and an expanded data base.

We are quiet and clean renters and neighbors. The office is not open 24/7 but we do have cat care specialists and handlers who come in from time to time during the day and evening to ensure that the

cats are getting the attention they need and carrying out our care enrichment programs. Additionally, we have a team of volunteer who staff our Welcome Center to allow for potential adoptive homes to come and meet our cats – the center is open a few hours each day 6 days a week. We would use the space for our volunteer and employee leadership meetings on a monthly basis too.

We look forward to exploring the opportunity to make the Westside community Center – cottages our next home.

Working together to build the future,

Nina E Woodard, SHRM SCP, HRCI SPHR and GPHR
Board Chair, Safe Place for Pet
President and Chief “N” Sights Officer
Nina E Woodard & Associates, a division of ND Pendance Inc
Lecturer University of Arizona Global Campus and University of Colorado Colorado Springs
760-717-1431



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: _____

Contact Name: _____

Contact Email: _____

Contact Phone: _____

Organization website: _____

Current operating address: _____

Industry or Sector: _____

Organization Information *(please attach additional pages as needed)*
Please describe your organization, including mission and vision.

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

Please describe how you intend to make your business successful at the Westside Center Campus.



Number of years in business: _____

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

Number of staff expected to be housed on site at the Westside Community Center Campus:

Anticipated foot traffic:

Anticipated daily/weekly operating/usage hours:

Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

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Signature of proposer

Today's Date

Proposal Application for West Side Community Center Campus

Organization Name: New Vision Professional Services

Contact Name: Rebecca Shields

Contact Email: rebeccashields130@gmail.com

Contact Phone: 719-634-1851 or 719-635-8996

Organization website: newvision4you.com

Current operating address: 1524 N. Hancock Ave., Colorado Springs, CO 80903

Industry or Sector: Professional Services/Counseling/Education

Organization Information *(please attach additional pages as needed)*

Please describe your organization, including mission and vision.

New Vision Professional Services' mission is to serve individuals who are searching for independence they may have lost from a change in their physical sight. Our goal is to guide people towards opportunities that will enhance their lives. Through avenues of education, focus groups, social and emotional support, and commitment, we believe a positive change can occur. Our programs and dedicated staff teach participants to rebuild their lives and regain their freedom, leading to a reduction in the fear, loneliness, anger, and sadness. Our deepest desire is to help our clients create lives that are connected to community, reduce isolation and create hope for a bright future.

New Vision's vision is to bridge the gap between society and the disabled. Creating ways for our clients to once again become contributing citizens of our community.

New vision currently provides the following services:

Classes and Training - Education to learn new techniques and skills for daily living, including adaptations to general life skills for those with low and no vision. In addition, New Vision teaches clients to read and write Braille.

Guidance: Guidance to help re-establish positive family dynamics, with coping skills for independence and success. When individuals lose their vision, they often have to reimagine a new relationship with both their community and loved ones. New Vision's experienced staff are well versed in methods of reimagining relationships and re-engaging in society.

Counseling: Counseling is available in individual or group settings, for those experiencing vision loss and other disabilities, their families and communities.

Assistance - New Vision helps their clients connect with the Colorado Springs community, local resources, and services designed to help them according to their individual needs.

New Vision truly strives to empower those with new challenges to learn, cope, adapt and live more fully in our community.

Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

New Vision is currently located in near proximity to the Colorado Springs Senior Center, which has given us unique access to a population that may be struggling with changing vision. This new opportunity to be in a community center that serves all ages will bring us into a space where we believe we can serve an even larger portion of the community, and allow us to easily expand our services to help people of all ages. New Vision is excited at the possibility to be in a space where handicap access is built in, where the grounds are so well kept and would be safe for those with vision issues, and where the community garden and grounds can provide new opportunities for our clients to learn new skills and practice mobility, orientation and navigation. New Vision believes being located in a family neighborhood will help us fulfill our mission of serving individuals and families of all ages.

New Vision's Marketing Director is a long time resident of the westside, where she grew up in a family business in Old Colorado City. This opportunity to enrich the westside community with New Vision's services is exciting to her, and helps fulfill her dream of creating a vibrant community that is accessible and welcoming to all individuals.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

New Vision Professional Services is dedicated to helping all of those with disabilities live productive, fulfilling and enriched lives. We believe that the way to create space for people of all abilities is to partner with local non-profit and government agencies to effect positive change in our city. In addition to providing valuable services, classes, counseling and assistance to our clients, New Vision is committed to collaborating with various organizations, including Meeting the Challenge, Inc., ADA Accessibility Experts, the Colorado Cross-Disability Coalition, the American Association of Blind Teachers, Mountain Metro Transit and Metro Mobility Paratransit Services, and Colorado Talking Book Library. New Vision also has partnerships with the Colorado Springs Police Department (Safe Without Sight Curriculum), Colorado Division of Vocational Rehabilitation and the Department of Human Services, as well as Section 8 and Graccio Housing. We also are devoted to helping local organizations create approachable, accessible services for all individuals throughout our community by providing staff training and program/access evaluations.

Through these collaborations, we hope to provide a home on the westside for all disabled people to receive advocacy, support and guidance. The opportunity to move to the westside, with it's aging population, will situate us to help more people than if we were located in one of the city's outlying, new eastern neighborhoods. The safety of the Westside Community Center Campus will provide a haven for both families and individuals, and we are dedicated to creating a safe space for all community members who come through our doors seeking assistance.

Please describe how you intend to make your business successful at the Westside Center Campus.

New Vision primarily has clients who seek us out for services, rather than on a walk-in basis. It is our hope that with the move to the Westside Community Center we can use this strategic, neighborhood location to host events and educational experiences that expand our support and advocacy into the neighborhood.

We are able to operate in part with a grant from the PPACG Area Agency on Aging that supports clients 60 years and older. Our work with families and young people is done on a sliding scale, but no client seeking services is turned away. Even if the sliding scale is too much for a family or individual's budget, we will work with them for any contribution to support New Vision's mission.

Number of years in business: New Vision Professional Services has been in business since 2008.

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

New Vision is interested in the east end of the 1616 West Bijou East Cottage. We anticipate a plan that includes dividing the classroom space in to a small waiting area, a conference room, a classroom and a partial kitchen. The conference room will function to host large meetings, events and support groups. The classroom would be used to hold various topical classes, such as Braille reading and writing, and the kitchen will be used as a life skills area where our clients can learn to adapt to their new disabilities. We would also be interested in using the rest of the space in the east end for offices for private counseling and storage. We would also like to use the grounds, as noted earlier in the application, to teach mobility and orientation, and potentially expand our offerings into the deeply grounding practice of gardening through one of the community plots. There is also interest, if the Middle Classroom would become available, in possibly renting that space as well.

Our hope is to create a semi—flexible space where we can hold both large events and smaller classes and groups. This facility seems to fit that scenario in a unique (and wonderful) way.

Number of staff expected to be housed on site at the Westside Community Center

Campus: There will be two staff members and a number of volunteers who will be utilizing the space at various times.

Anticipated foot traffic: In our current space, we are serving 12-15 clients a week, as we expand we anticipate serving at least 20-30 clients a week, more as our staffing allows.

Anticipated daily/weekly operating/usage hours: In our current location, we operate by appointment only. As we settle into the community, we would hope to provide open office hours for drop ins if the need arises. Pre-pandemic, we were hosting 2-4 support groups, 3-5 classes and 5-6 counseling sessions a week. In addition to these weekly activities, we would host a large group once a month and various trainings. As we move to the new location, we would hope to expand beyond our previous capacity.



**Westside Community Center Campus, 1628 West Bijou
Leased Property Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization Name: Colorado Springs Senior Center

Contact Name: Sara Tucker

Contact Email: stucker@ppymca.org

Contact Phone: 719-955-3402

Organization website: http://www.csseniorcenter.com/

Current operating address: 1514 N. Hancock Ave, Colorado Springs, CO 80903

Industry or Sector: Senior Recreation

Organization Information *(please attach additional pages as needed)*

Please describe your organization, including mission and vision.

See attached.



Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.

We are inclusive to all aged 55+. For anyone with financial limitations to taking a class, the Senior Center offers scholarships that range from 25-75% off so that finances are not a limitation to participating in programming.

Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.

Our programming is open to all aged 55+. We will be offering additional Senior Programming opportunities which will benefit the community directly. We will offer both recreational and educational programming.

Please describe how you intend to make your business successful at the Westside Center Campus.

The Colorado Springs Senior Center has been in operation since 1986, and we plan to continue with our current business model. Membership is free, but there is a payment that we will collect for some classes for revenue. Preferred room: W2 or E3. Accessibility is important.



Number of years in business: 37

Anticipated Use of Leased Space *(please use additional pages as needed)*

Description of anticipated operational use of leased space:



The leased space will be used to supplement Senior Center Programming during the renovation of the Senior Center. This space will mainly support our Fine Art programming and other educational/informational health classes or fitness classes as space allows. More information is provided in the accompanying document.

Number of staff expected to be housed on site at the Westside Community Center

Campus:

2

Anticipated foot traffic:

25-40 per day

Anticipated daily/weekly operating/usage hours:

Monday - Friday, 8-5 pm

Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to lease property on the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss a lease agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:

Sara Tucker

C752D54044E8181

Signature of proposer

4/10/2023

Today's Date

Potential Programs to be added to Lease space. This space will be used primarily for the art programming for the Senior Center. Any other programming will be scheduled as space allows:

Art Programming class examples: Watercolor (beginning to intermediate), Portraiture, Drawing, Sewing, Gemstone Faceting, Oil Painting, Pyrography, Woodcarving

Fitness classes: May supplement classes such as SilverSneakers (yoga, circuit, classic, stability), drumming, pilates, zumba, etc

Health Education and Lifelong Learning classes: Medicare education, nurse chats, nutrition classes, etc.

The Colorado Springs Senior Center is a place for aging adults 55 and up to stay active, participate in a wide range of diverse activities, enjoy a good meal and connect with their community. Through an innovative partnership with the City of Colorado Springs, the Y is able to serve even more seniors and deepen its commitment to improving the quality of life in our region.

OUR MISSION: YMCA

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OUR CAUSE

We believe that to bring about meaningful change in individuals and communities, we must be focused and accountable. At the Y, we measure the success of our cause by how well we engage communities in our three areas of focus:

YOUTH DEVELOPMENT: Nurturing the potential of every child and teen.

HEALTHY LIVING: Improving the nation's health and well-being.

SOCIAL RESPONSIBILITY: Giving back and providing support to our neighbors.

Senior Center Mission: Our mission is to offer life experiences to adults 55 years of age and older through programs, events and possibilities revisiting a past time or trying something new!



**Westside Community Center Campus
Contract Program or Service Provider Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization or Provider Name: Colorado Springs Senior Center

Contact Name: Sara Tucker

Contact Email: stucker@ppymca.org

Contact Phone: 719-955-3402

Type of Organization: Individual For Profit Non-Profit Other: _____

What type of program or service are you proposing?

- Program (Defined as an ongoing, multi-session offering that builds on skills or learning from session to session, typically lead by an individual or instructor)
- Service (Defined as an offering providing a community good, either for no or nominal cost, to enhance community understanding of a particular topic or be a resource or service for the community)
- Other:

Organization and Proposed Program Information

(please attach additional pages as needed)



Please describe your proposed contract program or service. Include the title, description, populations served, anticipated attendance per class and general participant fees (if applicable). Please also include how this program or service is of value to the Westside Community, list goals and objectives of the program or service, and describe how you intend to make this program successful.

Please see attached document. Please note that all of these programs are in addition to the lease space requested

(proposal form continues on next page)



CITY OF COLORADO SPRINGS
DEPARTMENT OF PARKS, RECREATION AND CULTURALS SERVICES

Optional: You may submit a cover letter further expressing your interest in offering this contract program or service at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to offer contract programs and services at the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss an agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:

Sara Tucker

C75210444141

Signature of proposer

4/10/2023

Today's Date

Senior Center Programming Requests (Westside Community Center)

Title	Description	Days	Time	Date Ranges	Populations Served	Anticipated attendance	General participant fees
Zumba Gold	Zumba Gold® is an exhilarating, effective, easy-to-follow fusion of Latin and international music. You will combine low and high-intensity moves for an interval-style, calorie-burning dance fitness party! You will have a serious dose of positive energy and good vibes every time you leave the class.	Mon and Wed	10:30-11:30 am	July 10 - August 28 AND Sept 6 – Oct 23 AND Oct 30 – Dec 15	Ages 55 +	20-35	\$55 per 7 week session
SS Classic	Move to the music through exercises designed to increase muscle strength, range of movement, and activities for	Mon and Wed	9:30-10:15	July 10 - August 28 AND Sept 6 – Oct 23	Ages 55 +	15-25	Free for SS members (\$50 per 7 weeks for non)

Senior Center Programming Requests (Westside Community Center)

	daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance training. A chair is used for support. This class is suitable for beginning to intermediate skill levels.			<p>AND</p> <p>Oct 30 – Dec 15</p>			
SS Circuit	This workout offers standing, low-impact choreography combined with standing full body strength work with hand-held weights, elastic tubing with handles and a SilverSneakers ball. A chair is available for support. This class is suitable	Mon and Wed	10:30-11:15	<p>July 10 - August 28</p> <p>AND</p> <p>Sept 6 – Oct 23</p> <p>AND</p> <p>Oct 30 – Dec 15</p>	Ages 55 +	15-25	Free for SS members (\$50 per 7 weeks for non)

Senior Center Programming Requests (Westside Community Center)

	for nearly every fitness level and can be adapted depending on the skill of individual participants.						
SS Yoga	Move your whole body through a complete series of seated and standing yoga poses. Chair support if offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement.	Tuesday and Friday OR Wednesday and Friday	9:30-10:15 am	July 11 - August 29 AND Sept 6 – Oct 23 AND Oct 31 – Dec 16	Ages 55 +	15-25	Free for SS members (\$50 per 7 weeks for non)
SS Stability	To help you become stronger and improve balance, this class teaches specific exercise to improve strength and	Tuesday and Friday OR Wednesday and Friday	10:30-11:15am	July 11 - August 29	Ages 55 +	15-25	Free for SS members (\$50 per 7 weeks for non)

Senior Center Programming Requests (Westside Community Center)

	power around the ankle, knee and hip joints, while improving your reaction time. This class is designed for fall prevention; a standing endurance of 30 minutes is needed.						
Therapeutic Drumming/Cardio Drumming	Drum away the stress while improving coordination, range of motion, rhythm, strength, and mental clarity. All levels choreographed drumming done on stability balls. Come have FUN moving to the music!	Thursdays	8:45-9:45 am	July 13 - August 24 AND Sept 7 – Oct 19 AND Nov 2 – Dec 21	Ages 55 +	15-25	\$35 per 7 week session
Mat Pilates	Strengthen deep muscles of abdomen, hips and spine. Improve	Thursdays	10-11 am	July 13 - August 24 AND	Ages 55 +	15-25	\$35 per 7 week session

Senior Center Programming Requests (Westside Community Center)

	flexibility, balance, and mobility while working to build bone density. This is a mat based Pilates class. This class has a Drop-In option.			Sept 7 – Oct 19 AND Nov 2 – Dec 21			
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**Westside Community Center Campus
Contract Program or Service Provider Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization or Provider Name: YMCA of the Pikes Peak Region

Contact Name: Melanie Zuniga

Contact Email: mzuniga@ppymca.org

Contact Phone: 281-433-0538

Type of Organization: Individual For Profit Non-Profit Other: _____

What type of program or service are you proposing?

- Program (Defined as an ongoing, multi-session offering that builds on skills or learning from session to session, typically lead by an individual or instructor)
- Service (Defined as an offering providing a community good, either for no or nominal cost, to enhance community understanding of a particular topic or be a resource or service for the community)
- Other:

Organization and Proposed Program Information

(please attach additional pages as needed)



Please describe your proposed contract program or service. Include the title, description, populations served, anticipated attendance per class and general participant fees (if applicable). Please also include how this program or service is of value to the Westside Community, list goals and objectives of the program or service, and describe how you intend to make this program successful.

Please see uploaded attachment.

(proposal form continues on next page)

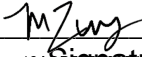


Optional: You may submit a cover letter further expressing your interest in offering this contract program or service at the Westside Community Center Campus.



Statement of Understanding

*I understand that this is a proposal to offer contract programs and services at the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss an agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:


Signature of proposer

3/23/2023

Today's Date

March 23, 2023

Dear Review Committee,

The YMCA of the Pikes Peak Region is pleased to have the opportunity to submit for consideration a program proposal for the operation of out of school time childcare programming at Westside Community Center.

The Y is well positioned to provide the Westside community with quality childcare during school breaks as this is a program the YMCA is well known for regionally and nationally. The YMCA of the Pikes Peak Region currently runs out of school time programming at 4 locations during the school year and 5 during the summer months providing care for over 2,000 youth.

We have had great success working with the Westside Community Center in previous years and are very thankful for our partnership. Our program participants enjoy the amenities the community center has to offer. We truly value the impact we were able to have had in the Westside community previously and look forward to doing so again.

In Service,

Melanie Zuniga

Executive Director of Youth Development

YMCA of the Pikes Peak Region

207 North Nevada

Colorado Springs, CO 80903

D: (719) 494-8515

M: (281)433-0538

mzuniga@ppymca.org

Program Title: YMCA Summer Day Camp/ School Break Camps

Description: The Y's Summer Day Camp is one of the oldest and most trusted camping programs in the country. Our day camps provide fun, child-centered activities and opportunities for learning through discovery, and challenge children to grow in imagination, creativity, self-directed initiative and leadership. Summer Day Camps offer enriching activities based on the weekly theme where friends are made through group games, sports & fitness, hands-on science activities, arts & crafts, and music.

YMCA day camp programs generally operate from 6:30am-6:00pm Monday-Friday.

Populations Served: Families who need full day camp for their children when school is not in session. Our camps are structured for youth ages 5-12 yrs old.

Attendance: We are currently licensed at Westside Community Center for 75 youth. Our programs in past years did reach capacity so we do believe that we will have 75 campers on-site.

Participant fees:

\$65 one-time registration fee

\$230/ week for YMCA members

\$270/ week for non-members

**CCCAP (Colorado Child Care Assistance Program) and Financial Assistance Available

Value to Westside Community: The YMCA has a long track record of providing quality childcare that focuses on providing youth with positive experiences to help them grow and develop. There are not many childcare options on the West side of Colorado Springs. We feel we can provide a service that many families in the community need.

Goals & Objectives of YMCA Summer Day Camp:

Goal:

To provide quality childcare at an affordable rate for families in the Westside Community who need full day care when school is not in session.

Objectives:

- Run a YMCA summer day camp with 75 participants in Summer 2023 with activities to include swimming (at the YMCA), field trips, art, STEM, teambuilding, group games and physical activity
- Implement curriculum focused on the YMCA core values (honesty, respect, responsibility, and caring) through activities based on the weekly themes (see themes attached)

The YMCA has previously provided day camp programming at the Westside Community Center from 2017-2021 with participant growth each summer. In 2017, our camp program served 30 youth. We have seen it grow to 75 youth in attendance in 2021. We have also provided virtual learning care at Westside during the 20-21 school year when schools were closed due to COVID. We have a history of quality programming in the community that we would like to continue. We plan to move our day camp currently scheduled at the downtown YMCA over to Westside Community Center if we are able to. Registration opens March 1 and we have been promoting in many publications.



**Westside Community Center Campus
Contract Program or Service Provider Proposal**

This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.

Organization or Provider Name: Laurie Holmes, Certified Life & Clarity Coach

Contact Name: Laurie Holmes

Contact Email: lsholmes7106@yahoo.com

Contact Phone: 843-422-7454

Type of Organization: Individual For Profit Non-Profit Other: _____

What type of program or service are you proposing?

- Program (Defined as an ongoing, multi-session offering that builds on skills or learning from session to session, typically lead by an individual or instructor)
- Service (Defined as an offering providing a community good, either for no or nominal cost, to enhance community understanding of a particular topic or be a resource or service for the community)
- Other:

Organization and Proposed Program Information

(please attach additional pages as needed)

Please describe your proposed contract program or service. Include the title, description, populations served, anticipated attendance per class and general participant fees (if applicable). Please also include how this program or service is of value to the Westside Community, list goals and objectives of the program or service, and describe how you intend to make this program successful.

6 week program to access the participants mental health and well-being by discovering the True source of their stresses, anxieties, fears, unhappiness and other negative emotions. This six week series will dive deep into a simple understanding called the 3 Principles of Mind, Thought and consciousness that has the power through insights and realizations to calm the mind, enliven the spirit, and create a more productive and happy individual once they fully understand where their experience of life is coming from. As a state of mind expert and a Transformational Clarity Coach I have pointed hundreds of people to the source of their own well-being. No one is broken or needs fixing. We live with habitual negativity inside our own minds that get in the way of living life stress free. Once the truth is understood not from the intellect but From within our own wisdom, Then we have the power to live life more effortlessly, Stressing less and getting more done.

10-15 people per class. 1 hour long. \$25 per individual per class. 6 weeks.

(proposal form continues on next page)



CITY OF COLORADO SPRINGS
DEPARTMENT OF PARKS, RECREATION AND CULTURALS SERVICES

Optional: You may submit a cover letter further expressing your interest in offering this contract program or service at the Westside Community Center Campus.

Statement of Understanding

*I understand that this is a proposal to offer contract programs and services at the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss an agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:

Laurie Holmes

2705519101

Signature of proposer

3/31/2023

Today's Date

March - Programs/Rentals					Hrs/Attn YTD			
Program/Rental	Hrs.	Adults #	Youth #	Total Attn.	Hrs.	Adults #	Youth #	Total Attn.
ACA 12 Step	2	9	0	9	8	19	0	19
AARP Tax Prep.	50	268	0	268	80	445	0	445
Balance & Flexability	4	34	0	34	13	110	0	110
Beginners Line Dancing	5	30	0	30	11	74	0	74
Beginners Pickleball	8	55	0	55	20	130	0	130
Bible Study	5	31	0	31	17	95	0	95
Crafters Group	8.25	51	7	58	23.25	129	7	136
Line Dancing	10	68	0	68	34	202	0	202
Pickleball	42	291	1	292	95	621	1	622
Rentals - Hughes Hall	1	18	20	38	1	18	20	38
Silver Key (Connections Café)	23	340	0	340	59	810	0	810
Silver Sneakers Fitness	14	377	0	377	33	844	0	844
Table Tennis	20.5	73	0	73	68.5	194	0	194
Tiny Dancers	3	0	41	41	6.75	0	66	66
TRP Room Use	24	194	0	194	56	431	0	431
Totals	219.75	1,839	69	1,908	525.5	4,122	94	4,216